

MANAZ OLUJIMI, M.S. ED.

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EDUCATION

MIT Sloan School of Management

Expected graduation: August 2025

Masters of Science in Education (M.S. Ed.), Education in Entrepreneurship and Technology

Summa cum laude

University of Pennsylvania, Graduate School of Education

Bachelor of Arts (AB), Psychology and Social Science

Cum laude. Dean's List.

Harvard University Extension School

- Selected by professor as one of five students to lead the development and facilitation of a new, diversity-focused curriculum on race relations.

CERTIFICATIONS

Stop, Breathe, Believe: A Practical Tool for Teaching Self-Compassion

Brené Brown Education and Research Group (BBEARG)

Test of Self-Conscious Affect (TOSCA) Best Practices

Brené Brown Education and Research Group (BBEARG)

Comfort & Courage: Polarities to be Leveraged

Brené Brown Education and Research Group (BBEARG)

Daring Way™ Facilitator (CDWF)

The Daring Way

Personal Development and Effective Communication

Inner Visions Institute for SD (IVISD)

RESEARCH EXPERIENCE

Harvard University Extension School - Undergraduate Reading and Research Thesis

2020

Supervisor: Dr. Dante Spetter, PhD

Thesis Title: ["Black Lives Do Not Matter: The Syndemic Reality of Black Lives, Structural Violence Impacts, and Mental Health Outcomes"](#)

- Analyzed interdisciplinary literature in psychology, history, political science, sociology and health to identify key systemic discrimination practices in mental healthcare suffered by Black Americans
- Found physicians credit deficiency of education in racism to gap in medical schooling curriculum resulting in lack of cultural competency
- Outcome of Black Americans left to suffer with untreated race-related trauma

TEACHING EXPERIENCE

The Daring Way

2014 – 2023

Facilitator

- Educated 150+ individuals using research-based curricula on vulnerability, courage, and worthiness, fostering significant personal growth.
- Developed and designed comprehensive emotional literacy and relational health programs tailored to diverse audiences.
- Achieved 48-74% improvement in participants' mental health, interpersonal relationships, and emotional management.
- Created engaging and interactive learning experiences through workshops, group discussions, and individual sessions.

PUBLICATIONS

Olujimi, M. (2013). Part II, Day 9, I Forgive My Choices. *Forgiveness: 21 Days to Forgive Everyone for Everything*. Iyanla Vanzant. SmileyBooks, Carlsbad, CA.

Olujimi, M. (2018). Contributor. Vanzant, I. (2018). *Get Over It! Thought Therapy for Healing the Hard Stuff*. Hay House, Inc., Carlsbad, CA.

Olujimi, M. (2017-2018). Podcast Co-host. "The Query."

PRESENTATIONS

The Query Podcast

2017 – 2018

- Co-created conversations on digital platforms as co-host with former classmate on topics of race, privilege, and interpersonal relationships, through a lens of psychology and emotional/spiritual wellness.

House of Ruth Maryland (HORM)

2014

- Led roundtable discussions with 24 HORM leadership and therapists to address and resolve community conflicts among 50+ residents.
- Introduced tools and methods for effective communication and conflict transformation, fostering a collaborative environment.
- Received 20+ positive reports from participants on improved mental and emotional behaviors and decreased conflict among residents.
- Enhanced interpersonal engagement and established trust within the community and cohort through strategic facilitation.

VOLUNTEER WORK

Bowie High School

Curriculum Design & Teacher

- Conducted individual interviews with 15 high school students to assess their experiences, moods, and mental and emotional health needs.
- Developed and taught curriculum to students in pilot after-school program on topics of loss, grief, and interpersonal relationships, fostering open and personal dialogues.
- Promoted critical and analytical thinking through scaffolding learning and growth mindset methods.
- Benchmarked learning outcomes, with 100% of students reporting improved understanding and navigation of emotional challenges.
- Co-created a supportive environment that encouraged students to introspect and develop new perspectives on their experiences.

Grassroots Law Project

Community Advocate

- National community call team volunteer in advocacy for prioritizing education, civil rights reform, and criminal legal injustice by campaign, phone calls, and emails to state/local officials, and the Supreme court. Volunteer projects: *Cops and No Counselors (Lexington, Kentucky)*; *Care Responders Over Cops (Cleveland, OH)*; *Ma'Khia Bryant*; *Rodney Reed*; *Ahmaud Arbery*; *Julius Jones*, and *Breonna Taylor*.

House of Ruth Maryland (HORM)

Curriculum Design & Facilitator

- Designed and taught psychoeducation workshop series at intimate partner violence center to 50 battered women on self-development, self-empowerment, and emotional wellness.
- Contributed to increased community participation and improved attendance among former drop-out residents, as noted by leadership.

Iyanla Vanzant Enterprises

Writer & Coach

- One of five coaches assigned to compose weekly email responses for viewers of "Iyanla's Fixins," a YouTube series that explored deep dives into topics from network TV show "Iyanla: Fix My Life."
- Analyzed and synthesized viewers complex personal challenges, providing clear, actionable and tailored advice.
- Received consistent positive feedback from viewers who reported significant improvements in their lives and relationships after applying principles and tools from coaching advice provided.

AREAS OF EXPERTISE

Effective Communication | Empathy | Emotional and Relational Intelligence | Adaptability
Leadership | Mentoring and Coaching | Presentation Skills | Cross-Cultural Communications
Cultural Competency | Conflict Transformation | Interpersonal Skills | Collaboration | Creativity
Critical Thinking | Problem-Solving | Organizational Skills | Resilience | Strategic Thinking
Commitment to Continuous Learning | Persuasiveness | Project Management